

Hey, Moms!

Did you know?

- Baby teeth decay easily because they are still soft.
- Dental cavities are caused by germs. Food and drinks with sugar help germs grow.
- Mothers can pass germs by:
 - sharing eating utensils – cups, glasses, and spoons
 - tasting child's food
 - sharing toothbrushes
- Your child is most likely to get these germs when teething (12-30 months).

What can you do?

- Clean your baby's teeth every day.
- Don't put things in your mouth and then put them in your baby's mouth.
- Make your own dental health important. Your child should see YOU caring for your teeth.



Medical Assistance Administration